

PSALM 1

¹Blessed is the man that walketh not in the counsel of the ungodly,
(walk) (stop walking; shout "NOT!")

nor standeth in the way of sinners,
(stand straight and stiff, arms at side)

nor sitteth in the seat of the scornful.
(sit)

²But his delight is in the law of the LORD;
(big smile) (hold hands like a book)

and in his law doth he meditate day and night.
(hands like book) (point to head) (eyes big) ("sleep"--head on hands)

³And he shall be like a tree planted by the rivers of water,
(stand, put arms up & out) (hands make ripples)

that bringeth forth his fruit in his season;
(take bite of imaginary fruit)

his leaf also shall not wither;
(hold up hand, fingers together) (shout "NOT!") ("crumple" hand)

and whatsoever he doeth shall prosper.
(thumbs up)

⁴The ungodly are not so:
(shout "NOT!")

but are like the chaff which the wind driveth away.
(blow "chaff" from hand)

⁵Therefore the ungodly shall not stand in the judgment,
(sit while shouting "NOT!")

nor sinners in the congregation of the righteous.
(make gathering-in motion with arms) (point right)

⁶For the LORD knoweth the way of the righteous:
(point to head) (hands together, then out & apart) (point right)

but the way of the ungodly shall perish.
(hands together, then out & apart) (point left) (cross & then open arms horizontally like for a missed field goal)